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AUGUSTA, MAINE

MAINE LOCAL ROADS CENTER  
Maine Department of Transportation  
Community Services Division  
16 State House Station  
Augusta, Maine 04333-0016

RETURN SERVICE REQUESTED

# WORK ZONE TRAFFIC CONTROL



*This workshop will satisfy Maine Bureau of  
Labor Standards requirements for work zone  
training.*

Protect your workers  
Protect yourself  
Protect your town

Sponsored by the

## MAINE LOCAL ROADS CENTER

A Cooperative Program by the  
Maine Department of Transportation  
and the  
Federal Highway Administration



U.S. Department of Transportation  
Federal Highway Administration

## WHO SHOULD ATTEND

- \* Road Foremen/Crew Members
- \* Selectmen
- \* Road Commissioners/Town Managers
- \* Public Works Directors
- \* Private Contractors
- \* Utility Districts (water, sewer, etc.)
- \* Anyone working on public roads

This course is intended for persons responsible for the planning and set-up of traffic control zones and/or the directing of traffic through short-term construction and maintenance work sites on Maine local roads.

**\*A "Roads Scholar" required workshop**

## WHAT WILL BE COVERED

This workshop combines videos, group discussion, "hands-on" problem solving, and lecture to explain:

- \* How to stay compliant with Bureau of Labor Standards
- \* The latest **2009** minimum standards of the **MUTCD**
- \* Your Town's legal liability relative to Tort Claims and national, state, and local standards
- \* Proper uses of cones, orange signs, barricades, flaggers, etc.
- \* The parts of a typical work zone and how to deal with common problems.
- \* How to warn the public when filling potholes, grading roads, replacing culverts, etc.

## WORKSHOP LOCATION

**March 3 (Wednesday)**      **PRESQUE ISLE**  
    Hampton Inn  
    768 Main Street

**March 9 (Tuesday)**      **ELLSWORTH**  
    Elks  
    317 High Street

**March 11 (Thursday)**      **WATERVILLE**  
    Elks  
    76 Industrial Street

**March 17 (Wednesday)**      **LEWISTON**  
    Ramada Conference Center  
    490 Pleasant Street

**March 18 (Thursday)**      **RUMFORD**  
    Eagles  
    129 Rumford Avenue

**March 23 (Tuesday)**      **WESTBROOK**  
    Seasons Grill formerly Verrillo's  
    155 Riverside Street - Exit 48

**ENROLLMENT:** Due to the hands-on problem solving involvement with this course, it will be necessary to limit the number to **40 people** per session. We ask that towns send no more than **THREE** people to any one workshop location. We will make all efforts possible to involve all interested parties.

The Center will adhere to a strict "first-come, first-served" policy. We will give preference to those towns in the surrounding vicinity of each workshop location. **YOUR BEST BET IS TO CALL THE CENTER A.S.A.P. AT 1-800-498-9133, EMAIL, OR FAX YOUR REGISTRATION FORM TO 624-3301.** If you prefer, mail in the attached registration form, but remember, it may take a couple of days to arrive here!

## 2010 PROGRAM

**7:45**      **Registration/Coffee**  
**8:00**      Introduction and Overview, Legal Liability (Maine Tort Claims Act)  
**9:30**      **Break**  
**9:45**      Traffic Control Devices  
                  - Using signs, cones, barricades, flaggers, etc.  
                  Traffic Control Zones  
                  - Five parts  
                  - Requirements per MUTCD  
**11:30**      **Lunch**  
**12:15**      Typical Applications  
                  - "Hands-on" set-up for various types of work (grading, pothole patching, etc.)  
**2:15**      **Break**  
**2:30**      Flagging - Do's & Don'ts  
**3:30**      Evaluation and Adjournment

This course will cover the latest **2009** minimum standards of Part VI of the **Manual on Uniform Traffic Control Devices (MUTCD)**. This manual serves as the national, state, and local standard for traffic control during construction and maintenance operations on streets and highways in the United States. *The standards apply to all public roads regardless of type, class or agency having jurisdiction over them.*

### All participants in this workshop will receive:

- \* **Workshop notebook**
- \* **2006 "Work Zone Traffic Control Handbook"**  
                  - Pocket sized quick reference of typical work zone situations and set-ups on local roads. Produced by the Maine Local Roads Center.
- \* **The American Traffic Safety Services Assoc. "Flagging Handbook"**

## INSTRUCTOR

*Pete Coughlan, Director*

## ASSISTANTS

**Bob Stevens - Nancy Tyler**

# WORK ZONE TRAFFIC CONTROL

## REGISTRATION FORM

Municipality: \_\_\_\_\_ Please call 1-800-498-9133, Fax us 624-3301, email nancy.tyler@maine.gov, or return this form by mail so that we can have it at least **THREE** working days before the workshop date to:

Name

Phone #

**MCAPWA**

MAINE LOCAL ROADS CENTER  
 (address on reverse side)

1. \_\_\_\_\_ **Y** \_\_\_\_\_ **N**

2. \_\_\_\_\_ **Y** \_\_\_\_\_ **N**

3. \_\_\_\_\_ **Y** \_\_\_\_\_ **N**

4. \_\_\_\_\_ **Y** \_\_\_\_\_ **N**

Please **circle** which class: Presque Isle      Ellsworth      Waterville

Lewiston      Rumford      Westbrook

### NEW PRICES

REGISTRATION FEE: **\$40** for first registrant and **\$25** for each additional person from the same municipality. **\$10 Discount for MCAPWA individual members! Please indicate on this form** (includes all handouts and lunch). There is plenty of room. We encourage towns to send all who are interested and make decisions concerning work activities. Copy registration form if necessary.

Make checks payable to:  
**Treasurer, State of Maine**

**SORRY, NO REFUNDS**